

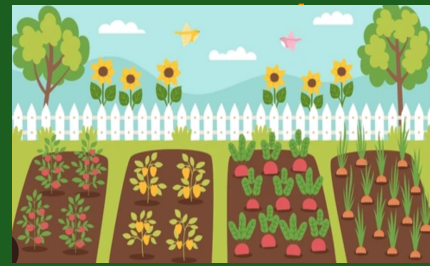


GROW2ZERO FARMS

Feeding & educating the community while wasting nothing.

Long Beach Plant Grow Guide

USDA Hardiness Zone 10a/10b | Sunset Zone 24



Welcome to your Long Beach growing guide! Our mild coastal climate (Zone 10a/10b) means we can grow food year-round. Use this calendar to plan your garden and grow fresh, local produce right in your backyard or community plot.

Vegetable Planting Calendar

VEGETABLE	J	F	M	A	M	J	J	A	S	O	N	D
Tomatoes Go big with Early Girl or try heirlooms!												
Peppers Love the heat, literally and figuratively.												
Squash Direct sow; they don't like root disturbance.												
Cucumbers Give them a trellis and watch them climb!												
Beans Fix nitrogen in soil. A garden superhero.												
Lettuce Our cool season MVP. Grow all winter!												
Kale Kale thrives year-round in Long Beach.												
Carrots Direct sow only. Sandy soil = happy carrots.												
Radishes Harvest in 25 days. Instant gratification!												
Peas Plant in fall for a sweet spring harvest.												
Herbs (Basil) Pinch flowers to keep leaves coming.												
Cilantro Bolts fast in heat. Cool season is key.												

Fruit Trees That Love Long Beach

Citrus (Lemon, Orange)
Year-round in Long Beach! Feed in Feb, Jun, Sep.

Avocado
Plant in spring. Hass does great here. Water deeply.

Fig
Low water once established. Two harvests per year!

Guava
Tropical vibes! Loves our mild winters.



SPRING (Mar - May)



Plant warm-season crops: tomatoes, peppers, squash, beans, cucumbers. Fertilize citrus trees. Start composting! Direct sow sunflowers and zinnias for pollinators.

SUMMER (Jun - Aug)



Harvest is in full swing! Water consistently in the morning. Watch for pests and use neem oil or insecticidal soap. Plant a second round of beans and squash in June.

FALL (Sep - Nov)



Start cool-season crops: lettuce, kale, carrots, radishes, peas, cilantro. Add mulch to garden beds. Perfect planting weather!

WINTER (Dec - Feb)



Harvest cool-season greens. Start tomato and pepper seeds indoors in January. Plant garlic cloves from November through February. Prune deciduous fruit trees. Plan next year's garden!

Long Beach Growing Tips

Water Wisely

Water deeply but less often. Early morning is best. Mulch heavily to retain moisture. We are in a drought-prone zone!



Companion Plant

Tomatoes + basil, beans + corn + squash (Three Sisters), marigolds everywhere for pest control.



Soil Love

Our coastal soil can be sandy. Amend with compost! Aim for rich, dark, crumbly soil full of life.



Pest Patrol

Ladybugs are your friends! Attract them with dill and fennel. Neem oil for tough pests.



Year-Round Growing

Our mild winters mean you can grow something every single month. Cool crops in winter, warm crops in summer.



Shade the Summer Sun

SoCal sun is intense. Even plants that say 'full sun' can be scorched. Use white shade cloth over nightshades and greens to prevent plant stress.



**Remember: The best time to plant was yesterday.
The second best time is TODAY!**

